

Praise for *Housework Blues*

"I love this book! Combining Bob Hope's philosophy with Eastern spirituality with the pursuit of thinner thighs, all in the service of getting the housework done with peace and grace - it's just awe-inspiring... and soul-satisfying!"

Jill Bailin, New York

"Very motivating!...wonderful and chock full of inspiration and useful info."

Kris Wise, Manchester USA

"It's brilliant! Funny, interesting, informative and enjoyable. Thank-you!"

Tina Kirkman, West Yorkshire UK

"I think this should be a must read on everybody's list. While it was geared toward making peace with housework, it applies to so many different areas of life - marriage, parenthood, relationships with others, civic duties, professional life or just personal insight... I can't help but wonder what a different world we could live in if more people would follow the advice found here."

Tracey Frazier, NW Georgia (Housework Haters Club)

"I do honestly think that if I hadn't read your book, I might not have understood the tools to help me begin what looked like a neverending task."

Lowenna Luke, Cornwall UK

"I'm married to a housework-phobic woman who will LOVE your ideas."

Chris Twiggs, Florida USA

"Housework. The majority of us hate it. Yet, someone needs to do it. Still, why is it that somehow that someone always seems to be us? In these works, the author sets out strategies that we can all use. We may not be able to get rid of housework completely but we can simplify, delegate, and think differently about what we have to do. Perhaps these are the keys to staying sane... This book provides a variety of helpful strategies."

Tami Brady DD, RM (TCM Reviews)